

**Welcome to the 3rd Annual Washington State Fatherhood Summit
Fatherhood in Challenging Times Building Resiliency**

DAY 1

Tuesday March 16th (All times are PT)

Welcome Message

8:30 am - 9:00 am

ZOOM link in Eventbrite confirmation email

8:30 – 8:40 Anne Stone (Emcee) Washington Interagency Fatherhood Council, Director

Welcome everyone to the Summit, including the event's purpose, agenda each day, helpful hints about technology, introduce Photo Contest, VROOM focus group for Dads of children under 5 years, Volunteer Fathers thank you drawings.

8:40-8:45 Governor Inslee offers a welcome (invited)

8:45 – 8:48 Fatherhood 101 Movie Trailer

You can rent this movie and show it in your community! [LINK](#)

Plenary 1: “The evolution of a myth made real—*re-shaping our father frame!*”

9:00 am - 10:00 am

ZOOM link in Eventbrite confirmation email

Corey B. Best

Mining for Gold founder, Community Curator

During the presentation you will interact with developmental concepts of race and the evolution of racial ideology, oppression and how these values, norms, beliefs shape our current view of “others”. In this case—fathers. The presenter will also introduce a values-based, racially equitable approach to building authentic and strong relationships with fathers at the point of entry, community, service, and systems level.

Table Group Discussions Community Café

10:00 am – 10:50 am

- Audience will be broken into table groups of approximately 10-20.
- Introduce yourself and offer one line about what brings you to this table today?

Facilitated conversations:

1. What is an example of coded language that let you know there was judgement of you right from the start?

2. Did you see body language or gestures that made you uncomfortable? How does this affect your ability to trust?
 3. How do we want system providers to talk about fathers? What language values your role?
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Break – 10:50 – 11:00

Stretch, music accompanied by photo contest montage

Breakout 1: Stressed Dads: Mental Health Struggles of Fathers from the Perinatal Period and Beyond.

11:00 am - 12:00 pm

ZOOM link in Eventbrite confirmation email

- **John O'Neill** LICSW a clinician in Spokane who has been working with fathers involved in the child welfare system and providing leadership to the Spokane Fatherhood Committee for over a decade, will discuss the challenges men face around improved well-being and becoming the parent they want to be.
- **Terry Britt** father shares his experiences and journey of healing and his role as peer mentor.

Not too tough for tears. Social narratives about the ways in which men are expected to be "tough" are misleading and, ultimately, harmful to fathers, mothers and children. The truth is that fathers experience symptoms of depression, anxiety and other kinds of distress as part of their personal as a parent. This session will look through this lens from the perspective of the professional and the father receiving services.

Breakout 2: Nurturing the Father-Baby Relationship

11:00 am - 12:00 pm

ZOOM link in Eventbrite confirmation email

- **Nucha Isarowong** PhD, LCSW Director of Advanced Clinical Training (ACT) Program at the Barnard Center for Infant and Early Childhood Mental Health at the University of Washington
- **Nickolas Kasovac** MA, IMH-E, OTS Infant Family Specialist and developer of the DAD Project for fathers and infants in Seattle.

The focus of media and popular western culture continue to emphasize the relationship between mother and infant, overlooking many caregiving efforts fathers make. Healthy, secure attachment relationships are critical to early childhood development, yet the inclusion of the father-infant dyad in practice, research, and programming is still sadly insufficient. The contributions of fathers to their children's development is often misconstrued, marginalized, or unacknowledged, leaving male parents without appropriate resources or responses to their needs. Despite the increase in the body of research on fathers and their impact on infant and

early childhood development, the resultant impact on policies, practices, programmatic decision-making has been slow to catch up.

Virtual Meetup: All Summit attendees Welcome! Volunteer Dads enter to win a gift certificate as a thank you for taking time to join us.

12:00 – 1:00 pm

All Summit attendees welcome to stay and join a lunch breakout for informal networking and table topics as inspiration.

Welcome back to our first day attendees and welcome to the Summit for our new attendees!

DAY 2

Wednesday March 17th (All times are PT)

Welcome Message

8:30 am - 9:00 am

ZOOM link in Eventbrite confirmation email

8:30 – 8:35 Anne Stone (Emcee) Washington Interagency Fatherhood Council, Director

Welcome everyone back to the Summit and overview of the day's agenda, technology tips, photo contest break voting, Dads drawing and informal networking lunch.

8:35-9:00 What did we learn in Day 1 that we want to carry forward with us today?

Plenary 2: Fatherhood Panel: Fathers tell their story - Accessing Services in Challenging Times.

9:00 am - 10:15 am

ZOOM link in Eventbrite confirmation email

Cheryl Strange DSHS Secretary - Welcome and Thank-You to our Father's Panel Members

Secretary Strange will reflect on Fatherhood's Essential role in strengthening families and dismantling poverty in our state.

Facilitated by Jason Bragg – Parents Representation Program, Social Worker at the King County Office of Public Defense

- **Temetrius Hollis** – and his wife live in Seattle where they are raising their young daughter. He will share his experiences as a youth and adult involved in the justice system and how he views his parenting role.
- **Edgar Hernandez Jr**-and his wife live in Yakima where they are raising two children with special health care needs.

- Invited 3rd Father

Table Group Discussions-Community Café

10:15 am – 10:45 am

ZOOM link in Eventbrite confirmation email

Return to your “Table Group” breakout to reflect about what you just heard.

Facilitated conversations:

1. How might what you just heard affect your role with fathers in as you go back to your job?
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Break

10:45 am – 11:00 am

Stretch, music, photo contest montage voting

Breakout 3: Developing services that engage and meet the needs of fathers: What we know from research and practice

11:00 am - 12:00 pm

ZOOM link in Eventbrite confirmation email

- **Tova Walsh PhD** Institute for Research on Poverty Assistant Professor School of Social Work - **Strategies for involving and engaging fathers in programming**

Dr. Tova Walsh will discuss the development of outreach strategies and programming that is responsive to the needs of fathers. These strategies can be applied to strengthen and build upon father engagement practices to support the full participation of fathers in programming.

- **Jennifer Bellamy PhD** University of Denver – **Engaging Fathers and Mothers Together as Co-Parents in Home Visiting: Lessons from Dads Matter-HV**

Mounting research indicates that children benefit from both mothers’ and fathers’ positive parenting, and that mothers and fathers can benefit each other as parents. This talk will include lessons learned from Dads Matter-HV, a co-parenting based home visiting intervention designed to work with mothers and fathers together to strengthen the co-parenting relationship, improve parenting, and reduce maltreatment risk.

- **Keoki Kauanoë** – Fatherhood Engagement Specialist – Family Education and Support Services – **Fatherhood Engagement with Boots on the Ground**

As a master trainer for the nationally recognized Nurturing Fathers Program and longtime fatherhood direct service provider that has successfully pivoted to a virtual platform, he will share his insights and successes.

We know a lot about what works to engage fathers in services targeting a broad array of family services and those that are fatherhood specific services designed to meet their unique needs in the family.

Breakout 4: WIC –Women Infants and Children – Engaging Dads in the WIC experience

11:00 am – 12:00pm

ZOOM link in Eventbrite confirmation email

- **Todd Mountin** – WIC Senior Project Manager – WA Department of Health

Todd Mountin is the chair of the National WIC Association task force focused on engaging dads into the WIC experience. As a father of 4 and career WIC employee Todd brings his unique perspectives gained from his gained from his experiences.

With the trials and tribulations that come with parenting a special need child, Todd and has learned the value, power, and impact engaged fathers have on the health outcomes of their children. In his work he hopes to bring a fresh change of perspective for fathers participating in WIC.

Virtual Meetup: All Summit attendees Welcome! Volunteer Dads enter to win a gift certificate as a thank you for taking time to join us.

12:00 – 1:00 pm

All Summit attendees welcome to stay and join a lunch breakout for informal networking and table topics as inspiration.

OR

Preregistered VROOM Focus Group

12:00 – 1:00 pm

This is an opportunity for 10-12 fathers with children under 5 years of age to attend a focus group to provide feedback on an online parenting tool called VROOM. Please download the app ([link](#)) ahead of this focus group and play with it a bit to see how you like it!

Thursday March 18th (all times PT)

Day 3

Time to Get to Work!

8:30 am – 9:00 am

Meeting ZOOM link in EventBrite confirmation email

Welcome and set the stage for our half day work session to learn, reflect and lay the foundation for our Washington Fathers Corps replication of the highly successful and innovative Alameda Fathers Corps work launched in 2015.

Mural training – all in one room 15 minutes

Plenary: Alameda Fathers Corps; how can we learn from our California neighbors and build out our supports to fathers and those that serve them in Washington?

9:00 am - 10:00 am

Kevin Bremond - Co Founder of Alameda County Fathers Corps – First 5 Alameda County.

The presentation will introduce the Alameda County Fathers Corps (ACFC) program model, an effective systems change, capacity building, and advocacy model. The ACFC focuses on supporting public, private, and community based organizations with becoming more father-friendly, building the capacity of service providers working within organizations to offer father-friendly services, and advocating on behalf of all fathers and father-figures.

Break

10:00 – 10:15 am

Stretch, music, photo contest montage voting

Work Session 1: What would Washington want to include in our Washington Father Friendly Principles?

10:15 am – 10:45 am

Breakout into ongoing table groups to conduct a shared whiteboard activity to have your voice heard around what you would want Washington State's Fatherhood Principles to contain.

- What key areas do we want to make sure are covered?

[Link to Alameda Fathers Corps Father Friendly Principles](#)

Mural – re-connection and trouble shoot – 10 minutes

Sticke note activity to get everyone's ideas and begin cluster them in preparation for prioritizing and voting on top Father Friendly Principles.

Return to Main ZOOM Room

10:45 – 11:00 am

MURAL Link in Chat – Do NOT use Internet Explorer
Reconvene and share MURAL Board common themes

Work Session 2: Prioritize our Fatherhood Principles and Brainstorm training topics high on our list to start.

MURAL Link in Chat- Do NOT use Internet Explorer

11:00 – 11:30 am

- Any further work on prioritizing your list of Fatherhood Principles
 - How will we promote our Fatherhood Principles across our stakeholder groups?
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Photo Contest Winner Selection!

Vote on Summit Prize and announce the 10 Category Winners

Ron Hauenstein – Spokane Fatherhood Initiative and Committee - Award prizes

Closing and Thank You!

Drayton Jackson or Todd Mountin

What inspired us over the three days?

Thank you all for attending this high energy summit on this critical topic for Washington's Families. We look forward to seeing you in our future gatherings.

See you at a Fathers Corps training!

We look forward to seeing you each day! If you missed a session earlier in the week, materials will be posted on the [2021 summit event](#) page.

Don't forget to complete [this survey](#) for each plenary session, and breakout that you attend.

And after the Summit, complete the [overall evaluation survey](#) - you'll be entered to win a \$20 gift card!

Anne Stone MA, MPA

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